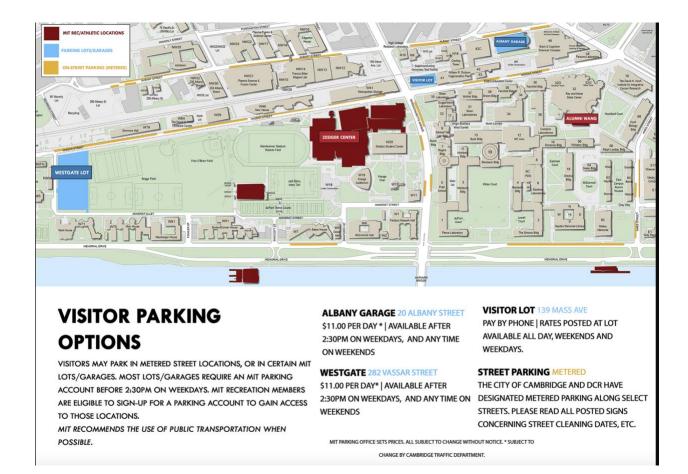
PARKING



DIRECTIONS

Driving From I-95 or I-93

If you are heading south on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading south on I-95, take the I-93 South exit then follow the instructions from I-93. Alternatively, take the I-90 East exit from I-95 then follow the instructions from I-90.

From the South (I-95 or I-93)

If you are heading south on I-93, follow I-93 into Boston then follow the I-93 instructions below. If you are heading south on I-95, take the I-93 South exit then follow the instructions from I-93. Alternatively, take the I-90 East exit from I-95 then follow the instructions from I-90.

Driving From I-90 or Mass Turnpike

Follow I-90 east to the Cambridge/Brighton exit (exit 18). Following the signs to Cambridge, cross the River Street Bridge, and continue straight about 1 mile to Central Square. Turn right

onto Massachusetts Avenue and follow Massachusetts Avenue for about a half of a mile. Take a right onto Vassar Street and The Zesiger Sports and Fitness Center is located at 120 Vassar Street, on the left. If you cross the river again, you have gone too far.

Driving From I-93

From I-93, take exit 26, and follow the signs to Back Bay along Storrow Drive West, approximately 1.5 miles, to the exit for Route 2A. The exit will be on the left, just before the Harvard Bridge (more appropriately called the Massachusetts Avenue Bridge). The Charles River will be on your right. As you cross the bridge, you will be looking at MIT. Once on MIT's campus, take a left onto Vassar Street and The Zesiger Sports and Fitness Center is located at 120 Vassar Street, on the left.

Public Transportation

By train, take the T to the Central Square Station, the walk from Central Square takes about 10 minutes and takes you right down Massachusetts Avenue. If you head towards Boston you will come to Vassar Street take a right on Vassar Street and The Zesiger Sports and Fitness Center located at 120 Vassar Street, on the left.

The bus stops at MIT on Massachusetts Avenue and provides transportation to Central Square and Harvard Square. The MIT stop is at a large crosswalk with a stoplight. One side of the street are steps leading up to large Ionic columns and the Small Dome of MIT, on the other side of the street is the Stratton Student Center and Kresge Oval (an open, grass-covered area). The Zesiger Sports and Fitness Center is located past the student center on the right (across from the Kresge Oval). Additionally, the bus stops at MIT on Massachusetts Avenue and stops on the corner of Massachusetts Avenue and Vassar Street. If you proceed down Vassar Street, The Zesiger Sports and Fitness Center is located at 120 Vassar Street, on the left.