

Prelim/Finals & Specialty Meet
June 2-4, 2023
Harvard University
Team Warm Up Assignments

Friday: 4:00 – 4:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRA	CRA	CRA	CRA	CRA	CRA	BYB	STRM

Friday 4:30 – 5:00 PM, Start 5:05 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PHX	PHX	PHX	USC	ZEUS	GS	GFA	UVAC
						WEST	ARST
							SMAC

13 & Over Saturday Morning Prelims 7:00 – 7:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRA	CRA	CRA	CRA	CRA	CRA	USC	USC

13 & Over Saturday Morning Prelims 7:20 – 7:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PHX	PHX	PHX	GS	GS	BYB	BYB	GFA
						HDSC	

13 & Over Saturday Morning Prelims 7:40 – 8:00 AM, Start 8:05 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STRM	STRM	ZEUS	ZEUS	UVAC	SION	KASC	ARCT
				SMAC	SOLO		UN

12 & Under: Saturday Afternoon 12:30 – 12:50 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRA	CRA	CRA	CRA	CRA	CRA	ARCT	ARCT

12 & Under: Saturday Afternoon 12:50 – 1:10 PM, Start – 1:15 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ZEUS	KASC	USC	GS	GS	STRM	HDSC	BYB
						PHX	GFA
							SION

11 & Over Saturday Finals 5:00 – 5:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00 – 5:25 PM (11-12) General Warm Up All Lanes							
5:25 – 5:50 PM (13 & Over) General Warm Up All Lanes							
5:50 – 6:00 PM							
Lanes 1-2: Pace							
Lanes 3-6: General							
Lanes 7-8: Sprint One Way							

13 & Over Sunday Morning Prelims 7:00 – 7:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRA	CRA	CRA	CRA	CRA	CRA	USC	USC

13 & Over Sunday Morning Prelims 7:20 – 7:40 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
STRM	STRM	ZEUS	ZEUS	UVAC	SION	KASC	ARCT
				SMAC	SOLO		UN

13 & Over Sunday Morning Prelims 7:40 – 8:00 AM, Start 8:05 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PHX	PHX	PHX	GS	GS	BYB	BYB	GFA
						HDSC	

12 & Under: Sunday Afternoon 12:30 – 12:50 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
CRA	CRA	CRA	CRA	CRA	WW	ARCT	ARCT

12 & Under: Sunday Afternoon 12:50 – 1:10 PM, Start – 1:15 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
ZEUS	KASC	USC	GS	GS	STRM	HDSC	BYB
						PHX	GFA
							SION

11 & Over Sunday Finals 5:00 – 5:30 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
5:00 – 5:25 PM (11-12) General Warm Up All Lanes 5:25 – 5:50 PM (13 & Over) General Warm Up All Lanes 5:50 – 6:00 PM Lanes 1-2: Pace Lanes 3-6: General Lanes 7-8: Sprint One Way							