

WELCOME COACHES, OFFICIALS, PARENTS AND ATHLETES
Zesiger Aquatic Center
Charles River Aquatics Specialty Meet Final Reminders

IMPORTANT CONTACTS:

Dan Warner, Meet Director and Entry Chair (978-852-3985) danwarner1955@gmail.com

Patrick Hunter, Meet Referee (612-845-3031) phunter.usaswimming@gmail.com

UPDATED SESSION SCHEDULE:

Session	Warm-Ups	Clear Pool	Meet Start
Friday Distance	4:00 PM	4:50 PM	4:55 PM Changed
Saturday 13 & Over	7:30 AM	8:30 AM	8:35 AM
Saturday 12 & Under	1:00 PM	1:40 PM	1:45 PM Changed
Sunday 13 & Over	7:30 AM	8:30 AM	8:35 AM
Sunday 12 & Under	12:30 PM	1:10 PM	1:15 PM Changed

MEET PAGE: Click this link <https://charlesriveraquatics.com/cra-dragon-meets> to receive all meet information, details, and results. Please pass this link onto your parents so they also have access to the site. All information, results, and anything to do with the meet will only be posted on the meet webpage.

MEET FORMAT: The meet will be swum as timed finals with all events swimming fastest to slowest. All events for the meet except for all Friday events, the 50 meter events, and the 800 Freestyle will be swum with chase starts. Scratch sheets for each session can be picked up at the timing table on deck and need to be returned 30 minutes before the start of the session.

CHASE STARTS (Saturday and Sunday): For events 100 meters and longer, all odd-numbered heats will start from the spectator end and all even-numbered heats will start from the scoreboard end. All 50 meter events will run one way from the scoreboard to the spectator end.

MISSED EVENTS: Please make sure that your swimmers are aware of how chase starts work. Swimmers who miss their heat will not have the opportunity to be put into another heat.

DISTANCE EVENTS: Friday's distance events and Sunday's 800 Freestyle will all start from the spectator end (no chase starts). Swimmers must provide their own timer. Swimmers must also supply their own person to lap count if desired.

WAIVER & RELEASE: We have migrated to an online waiver. All coaches, please complete this form prior to warm up on Friday June 23, 2023. <https://fs18.formsite.com/suMOJL/u7tucwxf4c/index>

FINANCIAL FORM & PAYMENT: If you haven't already sent payment and the team financial form, these are due upon arrival.

TIMERS: Anyone interested in helping with timing please contact the head timer on the pool deck at the timing platform 30 minutes prior to the start of each session. **Team Assigned Timers** will be invited down to the pool deck 30 minutes prior to the start of each session for the timers' meeting. Please get back to us if there are any issues concerning timing assignments no later than Tuesday, June 20, 2023. Your help and support are appreciated.

REGISTRATION REMINDER: Make sure all your swimmers and coaches are registered and in good standing by Thursday June 22, 2023, or your swimmers will not be able to participate in the meet.

PRE-MEET SCRATCHES: if you have anyone that will not be attending the meet, please email, Dan Warner at danwarner1955@gmail.com with those scratches prior to 9:00PM Thursday, June 22, 2023. After the deadline all scratches can be done at the meet.

NON ATHLETE REPORT: review list and make sure all your coaches and officials are current for the weekend, direct all questions to Moriah at the NE Swimming office. The form is attached.

QUESTIONS: Please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com