



**2023 NE Harvard
11-14 AG Championships**



Warm Up Assignments

Thursday

3:30-4:00 PM General Warm Up All Lanes

4:00-4:10 PM Lanes below

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	GENERAL	GENERAL	SPRINT	SPRINT	SPRINT	SPRINT	PACE

Pool Clears at 4:10 PM

Meet Starts at 4:15 PM



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Warm Up Assignments

All Prelim Sessions

Group A:

Friday 7:00-7:25 AM; Saturday 7:25-7:50 AM; Sunday 7:50-8:15 AM

CRIM, BGSC, ATLA, HYV, USC, CCSC, YNS, CLIP, BAY, NSSC, EDGE, GMA, SYT

Group B:

Friday 7:25-7:50 AM; Saturday 7:50-8:15 AM; Sunday 7:00-7:25 AM

CRA, BYB, SOLO, SSYS, ATST, CONY, CS, AA, ORO, GS, GLYB, WW, HPB, NANT, YMNT

Group C:

Friday 7:50-8:15 AM; Saturday 7:00-7:25 AM; Sunday 7:25-7:50 AM

**ABF, ESC, PHX, ARCT, WEST, STRM, KING, DHH, UVAC, HAY, WAVE, MTSC, LIFE, RAYS,
WCP, UN, RIAC, SEAL**



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Warm Up Assignments

All Prelim Sessions

8:15-8:30 AM Lanes below

8:15-8:30 AM Lanes below							
Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	GENERAL	GENERAL	SPRINT	SPRINT	SPRINT	SPRINT	PACE

Pool Clears at 8:30 AM

Meet Starts at 8:35 AM



**2023 NE Harvard
11-14 AG Championships**



Warm Up Assignments

Finals

4:00-4:55 PM General Warm Up All Lanes

4:55-5:10 PM Lanes below

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
PACE	GENERAL	GENERAL	SPRINT	SPRINT	SPRINT	SPRINT	PACE

Pool Clears at 5:10 PM

Meet Starts at 5:15 PM