

New England Swimming 11 –14 Age Group Championships

Presented by: Charles River Aquatics Boston Sports Institute

February 22-25, 2024

Held under the sanction of USA Swimming/New England: NE24-0222CRA



SSRP

Meet Director	Dan Warner	Danwarner1955@gmail.com	978-852-3985
Meet Referee	Abby Marino	abbyswimofficial@gmail.com	401-824-4901
Entry Chair	Dan Warner	Danwarner1955@gmail.com	978-852-3985
Admin Official	Patrick Johnstone	pjohnstone@gmail.com	413-636-5928
Safety Monitor	Ryan Pitcairn	ryan@charlesriveraquatics.com	N/A

INTENT TO OFFICIATE

QUALIFYING TIMES

SESSIONS (Event List at End of Document)

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received.

Date	Session Name	Warm up	Start
Thursday February 22, 2024	11-14 Timed Finals	4:45-5:35 PM	5:40 PM
Friday February 23, 2024	11-14 Prelims	7:30-8:40 AM	8:45 AM
Friday February 23, 2024	11-14 Finals	4:30-5:40 PM	5:45 PM
Saturday February 24, 2024	11-14 Prelims	7:30-8:40 AM	8:45 AM
Saturday February 24, 2024	11-14 Finals	4:00-5:10 PM	5:15 PM
Sunday February 25, 2024	11-14 Prelims	7:30-8:40 AM	8:45 AM
Sunday February 25, 2024	11-14 Finals	4:00-5:10 PM	5:15 PM

The Meet Director, with the concurrence of the Meet Referee, reserves the right to modify session times once entries are received. Any updated session times received from the meet host will be reflected on the EVENT page of the neswim.com website.			
IMPORTANT	Entry Deadline: February 13, 2024 by 11:59pm www.usaswimming.org/OME		
DEADLINES	Payment Deadline: February 17, 2024		
	New Cuts Deadline: February 19, 2024 by 9pm <u>JOTFORM TO BE COMPLETED</u>		
SITE	The Boston Sports Institute Competition Pool is a 10-lane, 25-yard pool with seven-foot-		
	wide lanes and non-turbulent lane lines. The timing system includes a fully automatic		
	Colorado Time Systems electronic timing system with touchpads at the finish end of the		

COURSE	pool with full electronic display. There are no touchpads at the turn end of the pool. Attached to the main pool is a diving well area that is available for warm-up and warm-down, approximately 3 (25-yard) lanes. There will also be 3 lanes of warm up/warm down in the teaching pool for the meet. The finish end of the pool is 12.5 feet deep; the turn end of the pool is 7 feet deep. Spectator seating for 300. The pool is located inside the Boston Sports Institute Athletic Complex, 900 Worcester Street, Wellesley MA 02482. Please enter through the main entrance at the front of the building. Directions may be found later in this document. The competition course has not been certified in accordance with 104.2.2C(4).
FORMAT:	 Individual events will be swum as 11/12 and 13/14, except for the 1000 and 1650 Freestyle which will swim as stated in the Distance Events section below. The Meet will be conducted in a trials/finals format, with one Consolation heat (B final) and one Championship heat (A final) in each age group (11-12 and 13-14) except for distance events detailed below. No events will swim with more than one swimmer per lane
	Breaks within sessions may be added at the discretion of the Meet Director and Meet Referee.
DISTANCE EVENTS	 The 1000/1650 Free will be timed finals and be swum in the following order on Thursday Timed Finals: Fastest heat of girls 13/14 Fastest heat of boys 13/14 Fastest heat of girls 11/12 Fastest heat of boys 11/12 Remaining heats will swim combined, 11-14, alternating girl/boy, fastest to slowest The 1000/1650 Free will be timed finals and swum in the following order at the end of the prelim session (after a 10-minute break) on Sunday Fastest heat of girls 13/14 Fastest heat of boys 13/14 Fastest heat of girls 11/12 Fastest heat of boys 11/12
	 Remaining heats will swim combined, 11-14, alternating girl/boy, fastest to slowest The 400 IM and 500 free will be swum as timed finals for 11/12 in prelims session and as prelim/finals for 13/14 with two Championship final heats. The preliminary heats of 13-14 400 IM and 500 Free will be swum in the following order: Fastest 2 heat of girls 13/14 Fastest 2 heat of boys 13/14 Remaining heats of 13/14 will swim fast to slow alternating girls/boys The 11-12 400 IM and 500 Free will be timed finals and will be swum in the following order: Fast to slow, alternating girls, boys

- For all distance events (400 and over), the slowest heat of girls and boys may be combined.
- **DISTANCE EVENTS TIMERS:** Swimmers in the 1000 and 1650 freestyle will need their own timers. Swimmers in the 13/14 alternating heats of the 400 IM and the 500 Free, and all the 11/12 heats will need their own timers.

SCRATCHES

Thursday's 1000/1650 Freestyle will be positive check in due by the start of the warmup.

Thursday's 800 Freestyle Relay scratches are also due by the start of warmup.

- All Friday scratches due to the Admin Referee by Thursday at 6:15 pm.
- All Saturday scratches due to the Admin Referee by Friday at 6:15 pm.
- All Sunday scratches due to the Admin Referee by Saturday at 6:15 pm.

In event that adjustments are needed, it will be announcement in the meet brief prior to the start of the meet.

Sunday distance 1650/1000 Freestyle will be positive check in due by the scratch deadline Saturday evening.

- Coaches and swimmers are expected to understand the scratch, verification and relay rules before the meet begins.
- In all events where preliminary heats are necessary or in any timed final event for which the swimmer has been positively checked in, after the heats have been seeded, any swimmer who fails to compete in an individual event heat in which such swimmer entered and has not been scratched in will be barred from all further individual and relay events of that day. The application of this penalty shall pertain to the order in which the event/heats are swum, not the numerical order of the events. Additionally, that swimmer shall not be seeded in any individual events on succeeding days unless that swimmer declares an intent to swim prior to the close of the scratch box for that day's events. As an alternative, the swimmer may elect to pay a fine of \$100 for immediate reinstatement in the meet, to be split between New England Swimming and the meet host. The Meet Referee has the discretion to waive the penalty in the case of illness, injury, and/or other circumstances beyond the control of the swimmer.
- Scratches from finals will be conducted in accordance with articles 207.11.6D and 207.11.6E in the USA Swimming rules, with the only deviation concerning the penalties for failure to compete: Failure to compete in the finals round of a prelim/finals event, without properly scratching, will result in the swimmer being barred from all further competition for the remainder of the Meet, including relays. In the event that the swimmer has no further competition from which to be penalized, a \$100 fine will apply, to be split between New England Swimming and the meet host.

ELIGIBILITY

- All swimmers must be currently registered as athlete members of New England Swimming and United States Swimming before 5:00 pm on the day before the first day of the meet. New England swimmers must have a proof of age on file by the above deadline in order to compete.
- Age is determined by the age of the swimmer on the first day of the meet.

	 Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Coaches must be registered before the start of the meet. If a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC will impose a fine of up to \$100.00 per event against the individual, member coach, or a member club submitting the entry. Deck registrations will NOT be accepted.
	 Relay-only swimmers must be correctly entered into the meet by the entry deadline and pay the \$30.00 participation fee and the NES travel surcharge of \$2.00. All swimmers must have achieved the time from a sanctioned, approved, or observed meet that is posted in the SWIMS database.
BONUS EVENTS	Must be a time that is verifiable in SWIMS • Qualify in 1 event – get 2 bonus events • Qualify in 2 events – get 1 bonus events • Qualify in 3 or more events – get 0 bonus events
	ALL BONUS EVENTS MUST MEET THE GOLD TIME STANDARD
DISABILITY SWIMMERS	Athletes with a disability are welcome and shall provide advance notice of desired accommodations to the Meet Director. The state of the state
	• The athlete (or the athlete's coach) is also responsible for notifying the session referee of any disability prior to the competition.
ENTRY POLICY	Swimmers may enter as many events in which they have qualified, but may only compete in a maximum of three (3) individual events per day (including time trials) and a maximum of seven (7) individual events in the meet (not including time trials).
CUT PROTOCOL	If a session is over-subscribed based on the facility restrictions and other reasons, the following changes will take place in the meet format in no particular order: (Clubs will be notified of all changes by Monday, February 19, 2023). • Relays may be limited relay per team. • Bonus events will be cut.
ENTRIES	 Teams / Athletes must enter this meet in OME at www.usaswimming.org/OME by Tuesday, February 13, 2024 @ 11:59pm EST. Credit cards will not be accepted. Once you check out of OME, send the cover/liability waiver page, a copy of your online entry and a check to be received by Saturday February 17, 2024 to the address below. Do NOT email your hy-tek entry file to the Entry Chair. No refunds will be given for entries that are accepted or for entries that are rejected due to improper entry. It is the coach's responsibility to know the events for which the athlete is qualified. Entries can be modified in OME by adding to the original entry, but only BEFORE you check out. You cannot delete an online entry. Once you complete your online entry, you will be sent confirmation via e-mail by the OME program. Please print this report and include it with your payment and keep a copy for yourself. Entry Times: Entry times must be achieved between June 1, 2022 and through the entry deadline.

Mail completed signed entry cover page and waiver, and payment to the entry chairperson: Charles River Aquatics, C/O Chantal Kokaram 80 Cross Street Ashland, MA 01721 Any team that fails to send payment, cover page and waiver form, by the entry due date may be scratched from the meet and may be assessed a \$100 fine at the discretion of the Entry Chairperson. If no payment is received after 30 days, the fine is doubled. This fine is payable to the Charles River Aquatics. Late payment of entry fees may result in future exclusion from meets hosted by our club. • IMPORTANT: If payment is sent via Express Mail/FedEx/Airborne/UPS/etc., please ensure that a signature is NOT required for delivery. All unattached swimmers must be declared as unattached, on the entry cover sheet, before the meet begins. Entry times must be entered in the course in which they were achieved, as all times must be proven in SWIMS. Conversions are not allowed. LATE ENTRIES: Any other additional entries (additional swimmers and/or swims) submitted after the entry deadline constitute late entries. Late entries must be submitted no later than 9pm on Monday February 19, 2024. No late entries will be accepted thereafter. Any late entries will incur a late entry penalty as follows: o \$25 per swimmer to add swimmer(s) not already entered in the meet o \$25 per relay to add relay entries to the meet \$10 per swimmer to add event(s) for swimmer(s) already entered in the meet The Meet Referee has the discretion to waive the late entry penalty in cases of extraordinary circumstances. All late entry penalty fees must be submitted to the meet host prior to the start of the meet and will be split between the meet host and New England Swimming. Teams submitting late entries on a repeat and/or excessive basis may be referred to the Admin Review Board for further action. **NEW CUTS:** will be accepted until 9pm February 19, 2024. No new entries will be accepted after the entry deadline. Please complete the JOTFORM for all NEW CUT ENTRIES. Do not email entries. • Updated times will not be accepted. No deck entries will be accepted. **RELAYS** Dual Human Confirmation of relay take off violations will be required at all New England Swimming meets. • Use of Electronic Relay Judging Pads: If used at a meet, they will serve in the following capacity: Once a Dual Confirmation of a relay take off has been confirmed (Dual Human Confirmation), the Meet Referee or his/her designee shall request the RJP data. This data can only be used to support the disqualification or overturn the disqualification. In the event the RJP data is either missing or deemed invalid, the disqualification will stand. • Relays will be limited to 2 relays per team per event. All relay swimmers must be officially entered into the meet. Unattached swimmers may not participate in any relays. • Mixed relays must consist of four swimmers, two of each gender. **RELAY CARDS** Relay cards are due 30 minutes prior to the estimated start of the relays based on the published timeline. • Each coach shall pick up relay entry forms from the Control Table on which he/she shall list the competing relay swimmers, their first and last names and order of swimming for each entered relay. • Relay order may be changed up to the time of the swim. **VERIFICATION** SWIMS DATABASE PROOF OF TIME: Times from the USA Swimming Sanctioned, Approved, and Observed competitions will be in SWIMS, the national

	times database. Times must meet qualifying time standards and any entry times not in the SWIMS database will be rejected. All entries will be verified before the meet.
TIME TRIALS	 Generally, time trials are open to any swimmer registered with USA Swimming regardless of whether or not they are entered in the meet. However, the Meet Referee may elect to limit time trials to only swimmers entered in the championship meet and/or limit time trials in other ways in the event of time and/or capacity constraints. Any time trial swimmers and/or swims not accommodated due to time and/or capacity constrains are eligible for refund. If a meet permits time trial-only swimmers, these swimmers must be entered in the meet no later than 24 hours prior to the start of the meet and must pay both the swimmer participation fee and travel fee. To do so, these swimmers must be submitted via email to the entry chair by Wednesday, February 21, 2024, including the swimmer's name, club, and date of birth. If a meet permits time trial-only swimmers, these swimmers are only permitted on the pool deck for the session(s) in which they participate in time trials.
FEES	 All events: \$10.00 Relays: \$25.00 Time Trials \$10.00 for IE, \$25 for relays Swimmer Participation Fee is \$30.00 per swimmer. NES Travel Fee: \$2.00 per swimmer (to be included in the check and the host team will send to NE Swimming)
ADMISSIONS	 No Charge No Charge: Heat sheets will be available on meet webpage and Meet Mobile
MEET MOBILE	MEET MOBILE HEAT SHEETS Meet Mobile heat sheets will be offered at this meet. Heat sheet includes smart phone access to all heat sheets for the whole meet, including last minute changes and re-seeds. MEET MOBILE: Meet Mobile will be functional for this meet, (dependent upon satisfactory internet access) All users should be aware that Meet Mobile publishes unverified raw data that may not always be accurate.
WARM-UP	The pool will open for warm-ups as designated on the event list. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up assignments after all entries are received. The diving well area will be available during the meet for warm-up and warm-down. See "Safety" for Warm-up safety guidelines.
AWARDS	Medals will be awarded for the first 10 places in individual events and for the first 3 places in relay events. Ribbons in places 11 th – 20 th will be awarded for 11/12-year-old individual events. Awards will be presented to the top 10 finishers in each event The top 8 high point winners for girls and boys, in each age group, and the top 3 teams, will be awarded a plaque. The high point ceremony will take place on Sunday evening at the conclusion of the session. Coaches are responsible for making sure their swimmer is
SCORING	present to receive their award. The meet will be scored as follows: (If any age group reduces to one heat in finals, the scoring will continue to include places 11-20 in the prelims).

 Protection Policy will govern this meet. Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
LEGAL SPLITS Individual Events: Preferably, legal splits should be requested before the event, by a coach, us a legal split form (available from the Control Table) and the requesting party should supply an additional timer(s) on the lane for the split, if necessary, to ensure an accurate time. (1 timer wit touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at end of the racing course. Optionally, a legal split may be requested after the event using a legal split form when using a fully automatic timing system. The Admin Official has discretion to eigrant or deny the request after reviewing the available evidence. Backstroke legal splits must b requested in advance to ensure a legal finish. LEGAL SPLITS – Relays: All lead-off splits for relays are automatically loaded into SWIMS do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in twater, a legal split form with three watches will be required for entry into SWIMS. Timers must positioned over the lane at the end of the racing course. It is recommended that coaches report 1 off time discrepancies to the Administrative Referee or Administrative Official. SWIMWEAR Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first da the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers. • The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. • Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
a legal split form (available from the Control Table) and the requesting party should supply an additional timer(s) on the lane for the split, if necessary, to ensure an accurate time. (1 timer wit touchpad timing, 3 timers without touchpad timing). Timers must be positioned over the lane at end of the racing course. Optionally, a legal split may be requested after the event using a legal split form when using a fully automatic timing system. The Admin Official has discretion to ei grant or deny the request after reviewing the available evidence. Backstroke legal splits must b requested in advance to ensure a legal finish. LEGAL SPLITS – Relays: All lead-off splits for relays are automatically loaded into SWIMS do not require additional watches for validation unless there are no touchpads present, or the second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in the water, a legal split form with three watches will be required for entry into SWIMS. Timers must positioned over the lane at the end of the racing course. It is recommended that coaches report I off time discrepancies to the Administrative Referee or Administrative Official. SWIMWEAR Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first dathe meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers. Protection Policy will govern this meet. The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
second swimmer starts in the water. If there are no touchpads, or the second swimmer starts in to water, a legal split form with three watches will be required for entry into SWIMS. Timers must positioned over the lane at the end of the racing course. It is recommended that coaches report 1 off time discrepancies to the Administrative Referee or Administrative Official. SWIMWEAR Per USA Swimming rules (102.8.1.F), 12 & Under swimmers may not wear a Technical Suit at Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first dat the meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers. Protection Policy will govern this meet. Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
Sanctioned, Approved, or Observed meet. The age of the swimmer is determined on the first dathe meet. Guidance on identifying compliant and non-compliant suits can be found on the USA Swimming website under Tech Suit Restriction for 12-and-Under Swimmers . The current USA Swimming Rules and Regulations including the Minor Athlete Abuse Protection Policy will govern this meet. Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
 Protection Policy will govern this meet. Operation of a DRONE, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coach
 officials and/or spectators are present without written USA Swimming approval. Use of audio or visual recording devices, including cell phones, is not permitted in changin areas, rest rooms or locker rooms. In addition, photography behind the blocks is not permitted. PHOTOGRAPHY: As per New England Swimming policy, professional photographers contracted by Charles River Aquatics, or press photographers who have been approved in advance by the Meet Director, are allowed on deck. Use of audio or visual recording device including a cell phone, is not permitted behind the starting blocks, including in any spectate area behind the starting blocks, nor in any other marked NO CAMERA ZONE, including o deck. All NO CAMERA ZONES will be clearly designated. Email the Meet Director with questions and requests. VIDEO STREAMING: All video streaming must be approved in advance by the Meet Director. Any such video stream must conform to all current Safe Sport policies defined by USA Swimming, New England Swimming, and the Meet Host. No video stream may origi from behind the starting blocks or from any other area marked as a NO CAMERA ZONE. Deck Changing is PROHIBITED. An athlete suspected of sustaining a concussion or exhibiting signs of a concussion, will immediately be removed from competition and shall not return to competition that day. The athlete may return to competition on a subsequent day, but only with a release authorization signed by a licensed healthcare provider. According to New England Swimming Best Practices all athletes should shower before
 According to New England Swimming Best Practices, all athletes should shower before entering the pool. In accordance with New England Swimming Policy, only those coaches who have current,

valid USA Swimming credentials will be permitted to act in a coaching capacity at this meet. Coaches with expired or non-current credentials will be required to leave the deck area.

SAFETY

- No shaving is permitted at the competition site.
- No glass containers are permitted within the facility.
- Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- Lifeguards will be on duty during each session and available for all emergencies.

WARM UP SAFETY:

- Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time.
- For all warm-up sessions, swimmers must utilize a "sit and slide"/ "three-point" entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.
- During competition, when entering the warm-up/warm-down area, a "sit and slide"/ "three-point" entry is required at all times."
- In extraordinary cases, due to bulkheads and other pool designs, it may be determined that it is unsafe or impossible for swimmers to perform the required sit and slide entry. In such extremely rare cases, the sit and slide rule may be modified. Exceptions to the sit and slide rule shall only be made when performing the sit and slide entry poses risk of injury to swimmers and/or risk damaging or ripping of swimsuits. An exception to the sit and slide rule shall only be made when the Safety Monitor, Meet Director, and Meet Referee have evaluated the risks and unanimously determined that the use of the sit and slide entry poses such great risk as to be unsafe. In these cases, the Safety Monitor, Meet Director, and Meet Referee must determine and agree upon an alternative safety plan to ensure swimmer safety.

SAFE SPORT

- The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.
- The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet.
- Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.
- For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report.
- All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or

SPECIAL	All coaches should check-in with the Control Table upon arrival at the pool. Heat sheets,
COACHES'	scratch cards, and relay cards for that session will be available at the Control Table.
NOTES	Coaches meeting time and place will be announced during the warmup of each session
	Coaches are responsible for the behavior of their swimmers at all times. Any damage to
	the premises or equipment is the responsibility of those doing the damage.
	Each team is responsible for cleaning up their area.
OFFICIALS	Officials that know they will be attending the meet are highly encouraged to email the Meet Referee and let him/her know your level of certification, team, and sessions you will be available. Walk-on officials may not be accepted to limit the number of people on the deck.
TIMERS:	According to New England Swimming policy, Charles River Aquatics will make timing assignments for this meet based on the size of a team's entry. Please be cooperative and punctual. We need the full cooperation of all teams, large and small, to adequately run this meet. All teams will be given timing/work assignments based on the number of entries. Teams treating this meet as a team travel meet need to assure that they have enough parental workers at the meet to fulfill their team obligation. The timing assignments will be posted on the web page with ample time to get workers.
"NO SHOW" WORKERS	If a team does not provide the timers, it has been assigned at a championship meet, the team will be fined \$100 per incident and will not be allowed to enter swimmers in another New England meet until the fine(s) is paid. This can be appealed to the Admin Review Board of New England Swimming and is enforced only if the meet management has properly assigned timers based on the number of swimmers a team has entered in the meet.
GENERAL	Coaches & Officials Hospitality will be available during the Meet
DIRECTIONS	The Boston Sports Institute Athletic Complex is located at 900 Worcester Street, Wellesley MA 02482. Please make sure to take route 9 from either direction. There will be a stop light that will allow you access to the facility from either direction
HOTELS	Refer to meet dedicated website.
WAIVERS	USA Swimming, Inc., New England Swimming, Inc., and Charles River Aquatics cannot prevent you (or your children) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming/New England Swimming sanctioned events. It is not possible to prevent the presence of the disease. Therefore, if you choose to participate in a USA Swimming/New England Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Boston Sports Institute 900 Worcester St Wellesley, MA 02482

February 22-25, 2023

Event Schedule

Thursday Night Timed Finals

G	Event	В
1	11-12 400 Freestyle Relay	2
3	11-12 1000 Freestyle	
4	13-14 1000 Freestyle	
	11-12 1650 Freestyle	5
	13-14 1650 Freestyle	6
7	13-14 800 Freestyle Relay	8

^{**}Due to how entries are processed – event 3 and 4 / 5 and 6 will be merged and swum combined 11-14

Friday 11-12 / 13-14 Prelims

G	Event	В
9	11-12 200 Medley Relay	10
11	13-14 200 Medley Relay	12
13	11-12 50 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	11-12 100 Butterfly	22
23	13-14 100 Butterfly	24
25	11-12 50 Backstroke	26
27	13-14 400 IM	28
29	11-12 400 IM	30

Friday Finals

	I I I I I I I I I I I I I I I I I I I	
G	Event	В
31	11-12 Mixed 200 FR Relay	31
32	13-14 Mixed 200 FR Relay	32
13	11-12 50 Breaststroke	14
15	13-14 100 Breaststroke	16
17	11-12 200 Freestyle	18
19	13-14 200 Freestyle	20
21	11-12 100 Butterfly	22
23	13-14 100 Butterfly	24
25	11-12 50 Backstroke	26
27	13-14 400 IM	28
33	11-12 400 Medley Relay	34

Saturday 11-12 / 13-14 Prelims

G	Event	В
35	11-12 200 FR Relay	
37	13-14 200 FR Relay	38
39	11-12 200 IM	40
41	13-14 200 IM	42
43	11-12 50 Freestyle	44
45	13-14 50 Freestyle	46
47	11-12 100 Backstroke	48
49	13-14 100 Backstroke	50
51	11-12 200 Butterfly	52
53	13-14 200 Butterfly	54
55	11-12 100 Breaststroke	56
57	13-14 500 Freestyle	58
59	11-12 500 Freestyle	

Saturday Finals

G	Event	В
61	11-12 Mixed	
	200 Medley Relay	
62	13-14 Mixed	
	200 Medley Relay	
57	13-14 500 Freestyle	58
39	11-12 200 IM	40
41	13-14 200 IM	42
43	11-12 50 Freestyle	44
45	13-14 50 Freestyle	46
47	11-12 100 Backstroke	48
49	13-14 100 Backstroke	50
51	11-12 200 Butterfly	52
53	13-14 200 Butterfly	54
55	11-12 100 Breaststroke	56
63	13-14 400 Medley Relay	64

Sunday 11-12 / 13-14 Prelims

G	Event	
65	11-12 50 Butterfly	
67	13-14 200 Backstroke	68
69	11-12 200 Backstroke	70
71	13-14 100 Freestyle	72
73	11-12 100 Freestyle	74
75	13-14 200 Breaststroke	76
77	11-12 200 Breaststroke	78
79	11-12 100 IM	80
81	11-12 1650 Freestyle	
82	13-14 1650 Freestyle	
	11-12 1000 Freestyle	83
	13-14 1000 Freestyle	84

^{**}Due to how entries are processed – event 81 and 82 / 83 and 84 will be merged and swum combined 11-14

Sunday Finals

G	Event	
65	11-12 50 Butterfly	
67	13-14 200 Backstroke	68
69	11-12 200 Backstroke	70
71	13-14 100 Freestyle	72
73	11-12 100 Freestyle	74
75	13-14 200 Breaststroke	76
77	11-12 200 Breaststroke	78
79	11-12 100 IM	80
85	13-14 400 Freestyle Relay	86

ENTRY PAYMENT AND LIABILITY RELEASE FORM

New England Swimming

11 –14 Age Group Championships

Presented by: Charles River Aquatics Boston Sports Institute

February 22-25, 2024

Held under the sanction of USA Swimming/New England: NE24-0222CRA

CONTACT	CLUB NAME:		
INFO	CONTACT NAME:		
	CONTACT EMAIL	CONTACT CELL PHONE:	
	LIST UNATTACHED SWIMMERS:		
ENTRY FEES	Individual Entries all distances @ \$10.00=	\$	
	Relays @ \$25.00 each=	\$	
	Swimmer Participation Fee: # athletes @ \$ 30.00 =	\$	
	NE Travel Surcharge: # athletes @ \$2.00 each =	\$	
	TOTAL DUE:	\$	
PAYMENT	Make checks payable to: Charles River Aquatics		
	Send to C/O Chantal Kokaram 80 Cross Street Ashland, MA 01721 Payment deadline: February 19, 2024		
WAIVER:	Any swimmer whose entry is accepted will, for him/herself, administrations, waive and release any and all rights and claused United States Swimming, New England Swimming Inc, Chause Institute for any and all injuries suffered by him/her at said ruthis entry, the undersigned team certifies that all athletes in the said ruthing t	whose entry is accepted will, for him/herself, his/her theirs, executors and s, waive and release any and all rights and claims for damages he/she may have against swimming, New England Swimming Inc, Charles River Aquatics and Boston Sports y and all injuries suffered by him/her at said meet, including Covid 19. In submitting undersigned team certifies that all athletes in the entry are registered with USA understands that the team may be fined \$100 for each swimmer in the entry that is with USA Swimming.	
	Signature of Authorized Team Official Da	te	