

WELCOME COACHES, OFFICIALS, PARENTS AND ATHLETES
Zesiger Aquatic Center
Charles River Aquatics Long Course Specialty Meet

IMPORTANT CONTACTS:

Dan Warner, Meet Director and Entry Chair (978-852-3985) danwarner1955@gmail.com

Jerry Carter, Meet Referee (617-417-1424) jerry@jerrycarter.org

UPDATED SESSION SCHEDULE:

| Session | Warm-Ups | Clear Pool | Meet Start |
|---------------------|----------|------------|------------|
| Friday Distance | 3:00 PM | 4:00 PM | 4:05 PM |
| Saturday 13 & Over | 6:30 AM | 7:30 AM | 7:35 AM |
| Saturday 12 & Under | 3:30 PM | 4:30 PM | 4:35 PM |
| Sunday 13 & Over | 6:30 AM | 7:30 AM | 7:35 AM |
| Sunday 12 & Under | 3:30 PM | 4:30 PM | 4:35 PM |

MEET PAGE: Click this link <https://charlesriveraquatics.com/specialty-meet-with-distance-at-mit-may-31-june-2-2024> to receive all meet information, details, and results. Please pass this link onto your parents so they also have access to the site. All information, results, and anything to do with the meet will only be posted on the meet webpage.

MEET FORMAT: The meet will be swum as timed finals with all events swimming fastest to slowest. All events for the meet except for all Friday events, the 50 meter events, and the 800 Freestyle will be swum with chase starts. Scratch sheets for each session can be picked up at the timing table on deck and need to be returned 30 minutes before the start of the session.

CHASE STARTS (Saturday and Sunday): For events 100 meters and longer, all odd-numbered heats will start from the spectator end and all even-numbered heats will start from the scoreboard end. All 50 meter events will run one way from the scoreboard to the spectator end.

DISTANCE EVENTS: Friday's distance events and Sunday's 800 Freestyle will all start from the spectator end (no chase starts). Swimmers must provide their own timer. Swimmers must also supply their own person to lap count if desired.

CUT EVENTS:

FRIDAY, MAY 31, 2024

Event # 2 Mixed 9 & Over 400 Freestyle

Event # 3 Mixed 11 & Over 1500 Freestyle

SATURDAY JUNE 1, 2024

Event # 14 Girls 13 & Over 400 IM

Event # 15 Boys 13 & Over 400 IM

SUNDAY JUNE 2, 2024

Event # 36 Girls 13 & Over 200 IM

Event # 37 Boys 13 & Over 200 IM

Event # 40 Mixed 13 & Over 800 Freestyle

We will continue to replace any scratches for the cut events with the next swimmer in line in only cut events! The close date for any adjustments in the cut events will be Tuesday May 28, 2024 by 9:00 PM, at this time any swimmers that were cut and could not get into the event will be removed from the event and will not be responsible to pay for that event. There will be NO adds at the meet.

WAIVER & RELEASE: We have migrated to an online waiver. All coaches, please complete this form prior to warm up on Friday June 31, 2024. <https://fs18.formsite.com/suMOJL/up6pivuorh/index>

FINANCIAL FORM & PAYMENT: If you haven't already sent payment and the team financial form, these are due upon arrival. Adjustments will be made for any swimmers under the original cut time that don't get to swim.

TIMERS: Anyone interested in helping with timing please contact the head timer on the pool deck at the timing platform 30 minutes prior to the start of each session. **Team Assigned Timers** will be invited down to the pool deck 30 minutes prior to the start of each session for the timers' meeting. Please get back to us if there are any issues concerning timing assignments no later than Tuesday, May 28, 2024. Your help and support are appreciated.

REGISTRATION REMINDER: Make sure all your swimmers and coaches are registered and in good standing by 5:00 PM Thursday May 30, 2024, or your swimmers will not be able to participate in the meet.

ADMISSION & PROGRAMS: There is no charge for spectator admission. Meet programs will be available on Meet Mobile at no charge as well as on the meet website.

MEET MOBILE: Will be active throughout the meet.

OFFICIALS: Please contact Jerry Carter if interested in officiating. Walk-on officials are welcome!

DECK ENTRANCE: All participants should enter on the 2nd floor via the north gallery spiral staircase.

CREDENTIALS: Coaches and officials will use their valid USA Swimming card/Deck Pass as credentials to gain access to the pool. The balcony for spectators, and the pool deck for coaches, swimmers, and officials will open 15 minutes prior to the start of each warm-up.

PRE-MEET SCRATCHES: if you have anyone that will not be attending the meet, please email, Dan Warner at danwarner1955@gmail.com with those scratches prior to 9:00PM Thursday, May 30, 2024. After the deadline all scratches can be done at the meet.

TEAM ENTRY LIST: Please review your entry on the website and get any issues back to danwarner1955@gmail.com by Wednesday, May 29, 2024.

DIRECTIONS/PARKING –

- Directions and parking information can be found here: <https://www.mitrecsports.com/visit/parking-and-directions/>
- **NOTE:** Cambridge often updates traffic patterns, parking availability and restrictions. MIT has several construction projects which have changed the campus in the past two years.
- Please follow any local or state traffic laws when parking on campus. Any vehicles that are not parked in a designated spot or in a fire lane are subject to be ticketed or towed at the owner's expense.

COACHES HOSPITALITY: Food is prohibited on the pool deck at any time. CRA will provide timers, officials and coaches with hospitality area throughout the meet.

QUESTIONS: Please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com