

**WELCOME COACHES, OFFICIALS, AND ATHLETES**  
**Boston Sports Institute**  
**Charles River Aquatics Specialty Meet & Prelim/Finals Meet**  
**February 7-9, 2025**

**IMPORTANT CONTACTS:**

Dan Warner, Meet Director & Entry Chair 978-852-3985 (danwarner1955@gmail.com)

Derek Helmer, Meet Referee, 978-833-0763 (dhelmer1970@gmail.com)

Rick Martin, Admin Referee, 617-872-6056 (rmartins551@gmail.com)

**MEET DEDICATED WEB PAGE:** Everything regarding all aspects of the meet will be posted on the meet webpage. Please direct all swimmers and parents to the page for information needed.

The website Link: <https://charlesriveraquatics.com/cra-11-over-prelims-finals-10-u-feb-7-9-2025/>

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**SESSION BREAKDOWNS:**

Date	Session Name	Warm up	Start
Friday, February 7, 2025	<b>9 &amp; Over Distance</b>	4:45 – 5:25 PM	5:30 PM
Saturday, February 8, 2025	<b>13 &amp; Over Prelims</b>	6:30-7:30 AM	7:35 AM
Saturday, February 8, 2025	<b>11-12 Prelims</b> <b>10 &amp; Under Timed Finals</b>	11:15-12:15 PM	12:25 AM
Saturday, February 8, 2025	<b>11 &amp; Over Finals</b>	5:00-5:50 PM	5:55 PM
Sunday, February 9, 2025	<b>13 &amp; Over Prelims</b>	7:00-8:00 AM	8:05 AM
Sunday, February 9, 2025	<b>11-12 Prelims</b> <b>10 &amp; Under Timed Finals</b>	11:00-12:00 PM	12:05 PM
Sunday, February 9, 2025	<b>11 &amp; Over Finals</b>	4:30-5:20 PM	5:25 PM

**FINANCIAL PAYMENT:** payments for the meet can only be done utilizing our electronic process (you cannot bring a check to the meet!) please process your final payment immediately just in case there is any problems, all payments are due no later than Thursday February 6, 2025. Contact Dan if you have any issues with electronic process to arrange payment no later than the Thursday before the meet.

<https://fs18.formsite.com/suMOJL/zawrxkl4ug/index>

**TIMERS & PARENT VOLUNTEER WORKERS:** We are asking each team for help, please see timing schedule. Timers will meet in the wet corridor to the pool 30 minutes before the start of the session for their briefing and will then be escorted to the timing area on deck. Teams are more than welcome to rotate parents throughout the sessions for their lane responsibility, however, timers who's shifts have ended must leave the deck. If any team cannot help, please let us know by Thursday, February 6, 2025, and we will offer those opportunities to get parents on deck to other teams.

**DISTANCE EVENTS:** will swim fast to slow. Swimmers must provide their own timer & counter.

**WARM UP SAFETY:** For all sessions, swimmers must utilize a “sit and slide”/“three-point” entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.

**PRE-MEET SCRATCHES:** If you have anyone that will not be attending the meet, please email. Dan Warner at [danwarner1955@gmail.com](mailto:danwarner1955@gmail.com) with those scratches prior to 9:00 PM Thursday February 6, 2025. We will also use scratch sheets for each session at the meet as well, which will be due by the finish of the first warm up each session.

**SCRATCH DEADLINES:** There is NO penalty for failure to compete in a prelim or timed final event however, please scratch by the proper deadlines to insure the best experience for all. **Failure to scratch properly from Finals does carry a penalty (review Scratch procedures in meet information.)** The scratch deadline for Friday’s events is 4:00 PM Friday. The scratch deadline for Saturday’s events is 6:15 PM Friday. The scratch deadline for Sunday’s events is 6:15 PM Saturday.

**TIME UPDATES:** will be accepted until Monday, February 3, 2025 (no new entries).

**TEAM ENTRY LIST:** please review your entry on the meet webpage and get any issues back to Dan at ([danwarner1955@gmail.com](mailto:danwarner1955@gmail.com)) by 9:00 PM Thursday, February 6, 2025.

**MEET MOBILE & HEAT SHEETS:** meet mobile will be active throughout the meet and free heat sheets will also be posted through meet mobile.

**SPECTATORS AREA:** will be available at no cost. Part of the balcony may be restricted for swimmers if needed.

**PARKING:** Park only in legal marked parking spots. **Illegally parked cars will be towed.** Should the parking lot at the BSI fill, there is a large overflow lot adjacent to the BSI facility.

**REGISTRATION ISSUES:** Please confirm with NE Swimming any registration issues with your swimmers by Thursday at 5:00 PM with the NE Swimming office.

**NO FOLDING CHAIRS:** are permitted anywhere in the facility due to space availability and safety.

**MEET STREAMING:** <https://cra.vhx.tv/products>

**OFFICIALS:** anyone interested in officiating may contact the meet referee prior to the meet.

**HOSPITALITY:** there will be no food allowed on deck. CRA will provide officials and coaches with hospitality area throughout the meet.

**QUESTIONS:** please direct all meet questions to Dan Warner at 978-852-3985, [danwarner1955@gmail.com](mailto:danwarner1955@gmail.com).