

**CRA Prelim/Final & Timed Final Meet
Team Warm Up Schedule
March 14-16, 2025**

Friday 4:40 – 5:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CRA	CRA	CRA	CRA	CRA	CLOSED	CLOSED	CLOSED

Friday 5:00 – 5:20 PM, Start: 5:25 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
General Warm Up All Lanes 1-13												

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Saturday 7:00 – 7:25 AM (13 & Over Session)

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
SUN	KING	KING	SEAC	CRIM	CRIM	CRIM	CRA	CRA	CRA	CRA	CRA	CRA

Saturday 7:25 – 7:50 AM, (13 & Over Session) Meet Start: 7:55 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CCSC	CCSC	CCSC	HAUP	HAUP	AA	YNS	JCCS	NANT	PHX	BAT	GFA	GFA
						ARCT	BBSC	XTRM	CRVS	KASC		

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Saturday (12 & Under Prelim) 11:30 – 11:50 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CRA	CRA	CRA	CRA	CRA	PHX	PHX	AA	CRIM	CRIM	CRIM	CRIM	CRIM

Saturday (12 & Under Prelim) 11:50 – 12:10 PM Start: 12:15 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
JCCS	KING	KING	CRVS	NANT	YNS	YNS	YNS	HAUP	HAUP	CCSC	CCSC	BBSC
BAT		KASC		SEAC			SUN				GFA	

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Saturday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>5:00 – 5:20 PM Female Finalist Only (all lanes)</p> <p>5:20 – 5:40 PM Male Finalists Only (all lanes)</p> <p>5:40 – 5:50 PM Lanes 1 & 2 Pace Lanes 11 - 13 General Lanes 3-10 Sprint One Way</p> <p>5:55 PM Meet Start</p>												

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Sunday (13 & Over Prelim) 7:00 -7:25 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
BAT	GFA	GFA	AA	YNS	JCCS	NANT	PHX	HAUP	HAUP	CCSC	CCSC	CCSC
KASC				ARCT	BBSC	XTRM	CRVS					

Sunday (13 & Over Prelim) 7:25-7:50 AM, Start 7:55 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CRA	CRA	CRA	CRA	CRA	CRA	SUN	CRIM	CRIM	CRIM	KING	KING	SEAC
							SUN					

**CRA Prelim/Final & Timed Final Meet
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Sunday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>4:30 – 4:50 PM Male Finalists Only (all lanes)</p> <p>4:50 – 5:10 PM Female Finalists Only (all lanes)</p> <p>5:10 – 5:20 PM Lanes 1-2 Pace Lanes 11-13 General Lanes 3-10 Sprint One Way</p> <p>5:25 PM Meet Start</p>												