

CRA Distance & Specialty Team Warm Up Assignments September 27, 2025

11 & Over Distance Session

Saturday 9:00 – 9:25 AM, Meet Start 9:30 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
GENERAL WARM UP (ALL LANES)												

12 & Under Specialty Session

Saturday 12:30 – 1:00 PM, Meet Start 1:05 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane 10	Lane 11	Lane 12	Lane 13
MTSC	MTSC	OTTR	UVAC	WSY	LA	SSYS	SSYS	SSYS	CRA	CRA	CRA	CRA
				KASC								
12:55 – 1:00 PM One Way Sprint Lanes 3-10												