# WELCOME COACHES, OFFICIALS, AND ATHLETES

## Boston Sports Institute November 14-16, 2025 Charles River Aquatic Club Distance & Specialty Meet

### **IMPORTANT CONTACTS:**

Dan Warner, Meet Director & Entry Chair 978-852-3985 (danwarner1955@gmail.com) Rick Martin, Meet Referee 617-872-6056 (rmartins551@gmail.com)

**DEDICATED MEET WEB PAGE**: Everything regarding all aspects of the meet will be posted on the meet webpage. Please direct all swimmers and parents to the page for information needed.

The website Link: <a href="https://charlesriveraquatics.com/specialty-meet-w-distance-at-bsi-nov-14-16-2025/">https://charlesriveraquatics.com/specialty-meet-w-distance-at-bsi-nov-14-16-2025/</a>

FINANCIAL FORMS & PAYMENT: If you have not already paid your entry fees for the meet <u>DO NOT MAIL YOUR PAYMENT</u>. Here are the 2 choices at this point for payment:

- 1) Use our easy and convenient online payment process (Link provided below)
- 2) Bring a check to the meet and hand in at the timing platform on deck.

All entry fees must be paid prior to any swimmers getting in the pool.

https://fs18.formsite.com/suMOJL/g6zyzhsisb/index

### SESSIONS BREAKDOWN

Date	Session Name	Warm up	Start
Friday, November 14, 2025	Distance Session	4:45-5:35 PM	5:40 PM
Saturday, November 15, 2025	13 & Over Session	8:00-9:00 AM	9:05 AM
Saturday, November 15, 2025	12 & Under Session	3:00 – 4:00 PM	4:05 PM
Sunday, November 16, 2025	13 & Over Session	8:00-9:00 AM	9:05 AM
Sunday, November 16, 2025	12 & Under Session	3:00 – 4:00 PM	4:05 PM

**TIMERS AND VOLUNTEER WORKERS:** All Friday distance events swimmers must provide their own timer and counter and will swim heats fastest to slowest. All timing session on Saturday & Sunday will be the responsibility of CRA. Anyone that would like to help please see the meet director at the timing table on deck.

### **MEET FORMAT:**

Friday Distance Events - will be seeded fastest to slowest and swimmers must provide their own timer and counter. All Saturday & Sunday events will swim fastest to slowest.

**TIME TRIALS:** Time trials will be offered at the discretion of the Meet Director and the Meet Referee if time allows.

**TEAM ENTRY LIST**: Please review your entry on the meet webpage and get any issues back to Dan (danwarner1955@gmail.com) by 9:00 PM Thursday 11/13/25.

**WARM UP SAFETY:** For all sessions, swimmers must utilize a "sit and slide"/"three-point" entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.

**PRE-MEET SCRATCHES**: If you have anyone who will not be attending the meet, please email Dan Warner at danwarner1955@gmail.com with those scratches prior to 9:00 PM Thursday November 13, 2025. We will use scratch sheets for each session at the meet as well, which will be due by the finish of the <u>first</u> warm up of each session.

**MEET STREAMING:** All information is available by clicking on link provided:

Link: <a href="https://cra.vhx.tv/products">https://cra.vhx.tv/products</a>

**MEET MOBILE & HEAT SHEETS:** Meet mobile will be active throughout the meet and free heat sheets will also be posted through meet mobile and on the meet web page.

**REGISTRATION ISSUES**: Please confirm with NE Swimming any registration issues with your swimmers by Thursday at 5:00 PM with the NE Swimming office. Athlete file and Non Athlete file are both attached.

**SPECTATOR AREA:** Spectator balcony is open at no cost.

**OFFICIALS:** Please contact the Meet Referee, if interested/available to officiate.

**HOSPITALITY:** There will be food provided for officials and coaches throughout the meet.

**EVENT FORMAT:** All events will be timed final.

**ENTERING & EXITING POOL AREA:** Everyone is to enter the natatorium via the wet corridor. Do not have swimmers arrive more than 5 minutes before their warmup time, the pool door will be open for coaches and officials 15 minutes before each session's start of warm-ups.

**QUESTIONS:** Please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com.