

**WELCOME COACHES, OFFICIALS, AND ATHLETES**  
**Boston Sports Institute**  
**January 9-11, 2026**  
**Charles River Aquatic Club Distance & Specialty Meet**

**IMPORTANT CONTACTS:**

Dan Warner, Meet Director & Entry Chair 978-852-3985 ([danwarner1955@gmail.com](mailto:danwarner1955@gmail.com))

Rick Martin, Meet Referee 617-872-6056 ([rmartins551@gmail.com](mailto:rmartins551@gmail.com))

**MEET DEDICATED WEB PAGE:** Everything regarding all aspects of the meet will be posted on the meet webpage. Please direct all swimmers and parents to the page for information needed.

The website Link: <https://charlesriveraquatics.com/cra-specialty-meet-w-distance-jan-9-11-2026/>

**SESSIONS CHANGES:**

Date	Session Name	Warm up	Start
<b>Friday, January 9, 2026</b>	Distance Session	4:45-5:35 PM	5:40 PM
<b>Saturday, January 10, 2026</b>	13 & Over Session	8:30-9:10 AM	9:15 AM
<b>Saturday, January 10, 2026</b>	12 & Under Session	11:30 – 12:10 PM	12:15 PM
<b>Sunday, January 11, 2026</b>	13 & Over Session	7:45-8:35 AM	8:40 AM
<b>Sunday, January 11, 2026</b>	12 & Under Session	11:15 – 11:55 PM	12:00 PM

**TIMERS AND VOLUNTEER WORKERS:** All Friday distance events swimmers must provide their own timer and counter and will swim heats fastest to slowest. All timing session on Saturday & Sunday will be the responsibility of CRA. Anyone that would like to help please see the meet director at the timing table on deck.

**DISTANCE EVENTS:** Friday distance session, all events will swim fast-slow alternating female/ male heats. All distance events swimmers must also provide their own timer and counter.

**WARM UP SAFETY:** For all sessions, swimmers must utilize a “sit and slide”/“three-point” entry to enter the pool for warm-ups, by first sitting on the deck, and then sliding, feet-first, into the pool.

**PRE-MEET SCRATCHES:** If you have anyone that will not be attending the meet, please email.

Dan Warner at [danwarner1955@gmail.com](mailto:danwarner1955@gmail.com) with those scratches prior to 9:00 PM Thursday January 8, 2026.

We will also use scratch sheets for each session at the meet as well, which will be due by the finish of the first warm up of each session.

**TEAM ENTRY LIST:** Please review your entry on the dedicated meet page and get any issues back to Dan ([danwarner1955@gmail.com](mailto:danwarner1955@gmail.com)) by 9:00 PM Thursday 1/8/26.

**MEET MOBILE & HEAT SHEETS:** Meet mobile will be active throughout the meet and free heat sheets will also be posted on the dedicated meet page.

**REGISTRATION ISSUES:** Please confirm with NE Swimming any registration issues with your swimmers by Thursday (1/8/26) at 5:00 PM with the NE Swimming office. Please log in to your USA account to verify that you are registered for the 2026 year.

**WRIST BANDS:** When you arrive at the pool this weekend, you will be asked to show your credentials. If you are in good standing, you will receive a wrist-band that must be worn at all times to maintain access to the deck.

**FINANCIAL PAYMENT:** If you have not already paid your entry fees for the meet **DO NOT MAIL YOUR PAYMENT.** Here are the 2 choices at this point for payment:

- 1) Use our easy and convenient online payment process (Link provided below)
- 2) Bring a check to the meet and hand in at the timing platform on deck.

<https://fs18.formsite.com/suMOJL/ztqjl9wtwk/index>

All entry fees must be paid prior to any swimmers getting in the pool.

**TIME UPDATES:** will be accepted until the Tuesday before the meet.

**SPECTATOR AREA:** Spectators are now permitted in the balcony at no cost. Part of the balcony may be restricted for swimmers if needed.

**OFFICIALS:** Please contact the Meet Referee, if interested/available to officiate.

**HOSPITALITY:** There will be food provided for officials and coaches throughout the meet.

**EVENT FORMAT:** All events will be timed final and will swim slow to fast on Saturday & Sunday events.

**ENTERING & EXITING POOL AREA:** Everyone is to enter the natatorium via the wet corridor. Do not have swimmers arrive more than 5 minutes before their warmup time, the pool door will be open for coaches and officials 15 minutes before each session's start of warm-ups.

**QUESTIONS:** Please direct all meet questions to Dan Warner at 978-852-3985 or danwarner1955@gmail.com.