

**CRA Prelim/Final & Timed Final Meet
Team Warm Up Schedule
March 13-15, 2026**

Friday 4:45 – 5:05 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>General Warm Up All Lanes 1-13</p> <p>CRA, KING, CRIM</p>												

Friday 5:05 – 5:25 PM, Start: 5:30King PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>General Warm Up All Lanes 1-13</p> <p>ARCT, CCSC, CRVS, HAUP, JCCS, LA, SEAC, UN-NE</p>												

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Saturday (12 & Under Prelim) 11:15 – 11:35 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
ARTIC	CCSC	CCSC	CCSC	CRA	CRA	CRA	CRA	CRA	KING	OPEN	OPEN	OPEN
SEAC												

Saturday (12 & Under Prelim) 11:35 – 11:55 PM Start: 12:00 PM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
JCCS	JCCS	CRIM	CRIM	CRIM	CRIM	CRIM	HAUP	HAUP	LA	OPEN	OPEN	OPEN
									CRVS			

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Saturday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>5:00 – 5:20 PM Female Finalist Only (all lanes)</p> <p>5:20 – 5:40 PM Male Finalists Only (all lanes)</p> <p>5:40 – 5:50 PM Lanes 1 & 10 Pace Lanes 11 - 13 General Lanes 2-9 Sprint One Way</p> <p>5:55 PM Meet Start</p>												

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Sunday (13 & Over Prelim) 7:00 -7:20 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CCSC	CCSC	CCSC	CCSC	JCCS	CRIM	CRIM	CRIM	CRIM	SEAC	OPEN	OPEN	OPEN

Sunday (13 & Over Prelim) 7:20-7:40 AM, Start 7:45 AM

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
CRA	CRA	CRA	CRA	CRA	ARCT	LA	KING	KING	HAUP	OPEN	OPEN	OPEN
UN					CRVS							

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Sunday Finals

Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Lane 9	Lane10	Lane11	Lane12	Lane13
<p>4:00 – 4:20 PM Male Finalists Only (all lanes)</p> <p>4:20 – 4:40 PM Female Finalists Only (all lanes)</p> <p>4:40 – 4:50 PM Lanes 1-10 Pace Lanes 11-13 General Lanes 2-9 Sprint One Way</p> <p>4:55 PM Meet Start</p>												